



# 104<sup>TH</sup> ASG



## Army Substance Abuse Program

Providing Substance Abuse Prevention, Education and Rehabilitation Services to the  
221<sup>st</sup> BSB, 222<sup>nd</sup> BSB, 284<sup>th</sup> BSB and 414<sup>th</sup> BSB Military Communities

**March/April**

**ASAP Newsletter**

**2004**

### ***Returning Troops face increased risk of alcohol impairment***

#### **The Army Substance Abuse Program sends this message to soldiers redeploying from Iraq.**

Soldiers should be aware that their bodies have developed decreased tolerance to alcohol during their deployment to Iraq. It will take less alcohol to achieve the same or desired effects then before your deployment. If you plan on hosting or attending a redeployment party, keep this in tip in mind. The amount of alcohol you could safely consume has dropped and therefore the potential for impairment problems have increased. Please think before you drink and Never drink and drive.

### ***ASAP Training Calendar***

#### **Unit Prevention Leader Certification Training (UPL) (40 Hour Course)**

Mar 29-2 Apr	414 <sup>th</sup> BSB
Apr 12-16	221 <sup>st</sup> BSB

#### **Alcohol & Drug Abuse Prevention Training (ADAPT) (16 Hour Course)**

Mar 1-2	222 <sup>nd</sup> BSB
Mar 9-10	414 <sup>th</sup> BSB
Apr 6-7	284 <sup>th</sup> BSB
Apr 20-21	221 <sup>st</sup> BSB

*For scheduling and attendance for the UPL or the ADAPT course  
please contact your local ASAP office.*

National Alcohol Screening Day will be held 8 April 2004, in observance of Alcohol Awareness Month. Alcohol Awareness Month, sponsored by the National Council on Alcoholism and Drug Dependence since 1987, encourages local communities to focus on alcoholism and alcohol-related issues. Alcohol Awareness Month began as a way of raising public awareness about the disease of alcoholism--that it is a treatable disease, not a moral weakness, and that alcoholics are capable of recovery. The ASAP program in your community will be participating in National Alcohol Screening Day on 8 April 2004. For more information, contact your local ASAP office.

### ***ALCOHOLICS ANONYMOUS OPEN MEETING***

Beginning 17 March 2004, the Hanau ASAP will be hosting an "Open" AA meeting on Pioneer Kaserne. The meeting will be held in building 3, room 327 starting at 1900hrs. Participants are asked to enter the building at the first stairwell in building 3 (closest to the intersection), proceed to the 3<sup>rd</sup> floor to room 327. For more information, please contact Mr. Ken Petersen at 322-8911 or 322-8762.

**NATIONAL ALCOHOL  
SCREENING DAY**

contact the Community Counseling Centers during normal duty  
for substance abuse assessments and counseling appointments.